



CONSTRUCTIVELY SPEAKING



U.S. Marine Corps Staff Sgt. Johnny Morris II, his son Gage, daughter Gabby and wife Natalie visit the site of their future home in Elberta, Ala. From left are Robert Bean, J&S; SSgt Morris, Gage, Gabby and Natalie Morris; Matt Davenport and Kota Goodwin, J&S. Photo Courtesy: HFOT

War Veteran Celebrates New Custom Home

J&S Construction took a road trip south to join the national nonprofit organization Homes For Our Troops (HFOT) which recently kicked off the building of a specially adapted custom home for Marine SSgt Johnny Morris II and his family in Elberta, Ala.

Johnny joined the Marines as a heavy equipment mechanic and eventually switched specialties to explosive ordnance disposal (EOD). He deployed to Iraq in 2007 and then to Afghanistan in 2009 and 2011.

On July 2, 2011, during his third deployment, SSgt Morris was the EOD team leader on an improvised explosive device (IED) defeat mission in the Sangin River Valley, Afghanistan, when he stepped on an IED. SSgt Morris sustained severe damage to both his legs in the blast, including the traumatic amputation of his left foot.

J&S Construction is delighted to participate in the construction of our second HFOT project which will feature more than 40 major special modifications such as widened doorways for wheelchair access, a roll-in shower, and kitchen amenities such as pull-down shelving and lowered countertops. The home will alleviate mobility and safety issues associated with a traditional home, including having to navigate a wheelchair through narrow hallways and over thresholds or reaching for cabinets that are too high.

A customary design element included in HFOT homes, the 2,800 square-foot residence will be kept to one level to provide Johnny freedom and independence during his day-to-day activities. A safe room with insulated concrete forms and emergency generator were also incorporated into the custom build.

Home For Our Troops has built 353 homes since the organization's inception in 2004. Homes For Our Troops relies on contributions from donors, supporters, and corporate partners for the building of each veteran's home. To find out more on how to get involved or make a donation, visit www.hfotusa.org.

Johnstone Supply Revamps Home Base

Johnstone Supply, an industry-leading cooperative distributor of HVACR parts and faithful J&S Client for more than 20 years, is set to expand its Knoxville Group headquarters, located on South Middlebrook Pike just east of downtown Knoxville.

Over the years, the flourishing branch which includes stores in Cookeville, Kingsport, Chattanooga, Cleveland, Pigeon Forge, Johnson City, and Asheville, has favorably collaborated with our team to complete upgrades to the established sites as well as constructing ground-up facilities for markets needing the popular distributor's services.

The new extension will increase the site's warehouse space by 9,600 square feet and provide the team a new two-story, administrative sector that will feature a spacious training room on the first floor where equipment representatives can demonstrate proper equipment installations. The second floor will showcase a generous conference room, new employee refreshment area, four new offices, and a storage closet.

Johnstone Supply will remain fully operational during our construction efforts; therefore, J&S crews will be required to navigate the site with a limited amount of exterior space for heavy equipment traffic and be mindful of the close quarters during renovations.



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Premier TN Alzheimer's & Dementia Care Facility Unveils New Site

As memory care evolves, communities continue to reevaluate both their philosophy and physical spaces, and the concept of home becomes more complex. Studies have shown that a high-quality, person-centered concept assists in the support of the growing patient population affected with dementia.

Bailey Manor, a family-owned company that specializes and caters only to Alzheimer's and Dementia care, saw a need for its services to expand to the Chattanooga market. J&S Construction's expansive portfolio of senior care living facility ground-up projects and thorough renovation jobs provided Bailey Manor representatives the contentment of selecting our Team as the design-build partner for its fifth Tennessee site, located in Hixson.



Bailey Manor prides itself on providing a comfortable, home environment for people with Alzheimer's and Dementia. The construction of this site marked J&S Construction's second ground-up facility with the Bailey Manor Team, and each facility was designed with a great deal of thought and planning to meet the specialized needs of Alzheimer's and Dementia residents, making their lives safer, less stressful, and more meaningful.

J&S Construction and Bailey Manor devised an accessible 23,000 square-foot layout that features 33 generous bedrooms and a beautiful, grand living space with coffered ceilings, a large fireplace and skylight. The design, void of any hallways, helps reduce anxiety and improves orientation to a new environment, helping ease the transition period. The facility comes equipped with a spacious dining room, commercial kitchen, beauty shop and rehabilitation room.

A secured exterior courtyard with lounge area is located at the backside of the facility that provides a natural setting for residents to enjoy the lush landscaping and edible plants such as peach trees. There is also an employee break room, office area, care station and state-of-the-art security system with keypad access control for entering and exiting. For more information, visit Bailey Manor's website at www.baileymanors.com.

Middle TN Lumber Supplier Expands Site With No Lost Productivity

Lumber is an essential, versatile material used in both the construction and wood-working industries. With a booming housing and construction market, Huskey Truss and Building Supply, a family-owned and operated lumber and building material company based in Middle Tennessee, reached a point where its Murfreesboro facility needed to expand its production space.



Our design team created a floor plan that effectively tied 34,000 square feet of new production space to the company's South Rutherford Boulevard operation. The addition was carefully constructed to match the existing facility's façade, which is a pre-engineered metal building with concrete tilt-up wall panels, and included modifications to a free-standing, interior two-story office area.

The office renovation included relocation of the break area, new restrooms as well as enhancements to existing restrooms, new supervisor office, new cabinetry, new LVP flooring for the second floor as well as sleek sealed concrete for the first floor, and the addition of elevated observation platforms, all designed to improve the conditions for the workforce, overall efficiency of the operation, and to better meet the current demands of the construction industry.

J&S also constructed a new site development in the back end of the property, clearing two wooded acres and providing a new fenced in gravel lay down area for finished products to be stored.

The truss manufacturing site remained in operation during construction and experienced zero down-time because of the construction project. The Huskey team was delightful to work with and together we were able to provide the additional space they needed to keep up with the demands of the bustling construction industry.

Huskey Truss is uniquely equipped to serve production builders, custom home builders, and commercial builders on any scale and can even assist you in creating a turn-key building plan. Visit www.huskeytruss.com for more information.

WHAT WE ARE ALL ABOUT



J&S Construction
Customer Evaluation Form
April 6, 2023

Project Name: SAIC (Kellner Road Bathrooms Project) - Huntsville, AL Project Number: 22-000529

1. Please rate J&S Construction's performance on this project in the following areas:

	Delighted	Pleased	Satisfied	Disappointed
Quality of Workmanship	4 ✓	3	2	1 N/A
Communications	4 ✓	3	2	1 N/A
Scheduling	4 ✓	3	2	1 N/A
Job Site Appearance	4 ✓	3	2	1 N/A
Project Design	4 ✓	3	2	1 N/A
Attention Given to Your Project	4 ✓	3	2	1 N/A
Responsiveness of Project Managers	4 ✓	3	2	1 N/A
Responsiveness of Field Supervisors	4 ✓	3	2	1 N/A
Responsiveness of Salesman	4 ✓	3	2	1 N/A
Performance of Field Crews	4 ✓	3	2	1 N/A
Project Price	4 ✓	3	2	1 N/A

2. Of the following, which best describes your overall impression of J&S Construction's performance on this project: Delighted Pleased Satisfied Disappointed

3. Would you use J&S Construction for future projects? 1 Definitely Probably Probably Not Definitely Not

4. Was your project completed within the required time? Yes No

5. What is the most important factor to you when choosing a contractor? PROFESSIONALISM, ATTENTION TO DETAIL, & CAN DO ATTITUDE

6. When you think about the entire process of this project, is there any particular instance, person or situation that you recall being either positive or negative? RUSSELL GREEN DID A GREAT JOB - HE HELPED ME KEEP THE CLIENT HAPPY BY TACKLING ONE OF THE ITEMS W/ A POSITIVE ATTITUDE.

7. If you have used other construction companies in the past, how does J&S Construction compare? YOU GUYS ARE UP THERE WITH THE FEW GREAT GCS I'VE WORKED WITH

8. Could you offer any ideas on how we could improve our level of service to our clients? NONE AT THIS TIME - THIS PROJECT WENT VERY SMOOTH & ELEVATED END USERS EXPERIENCE SIGNIFICANTLY!

9. May we publicize your response in future company publications? Yes No

If you have any additional comments, please use the back of this page.
Signature (optional): _____

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Endodontists Strengthen Roots

Not many people love going to the dentist, especially if the visit includes a major procedure. Several general dentists can perform endodontic treatment, but in complicated cases, a specially trained endodontist that focuses on performing root canals and treating tooth pain is preferred.

As Cookeville continues to grow, Cumberland Endodontics saw the need to relocate its Willow Avenue location to a larger, freshly updated facility with ample operatory space for the most comfortable experience. J&S Construction sat down with the practice to design a sleek, modern space filled with high-end finishes. Our design Team provided a complete interior demolition of a 5,000 square-foot, outdated CMU building that used to house The Sam Goody store, which permanently closed its doors more than five years ago.

The improved site now features nine new operatory rooms, each fitted for full dental services, a CBCT X-Ray room, a sterilization room for organization of medicines and equipment, an elegant lobby with open reception area, a large conference room, a doctor's office area, a spacious breakroom with a full kitchen and lockers, a laundry room, and four restrooms. A variety of custom cabinetry, all with solid surface countertops, completes the stylish location. A master switch was also incorporated to allow the staff to activate the lighting and the medical equipment from one switch as they enter the facility.

To find out more about Cumberland Endodontics or its three Middle Tennessee locations, visit www.cendotn.com.

J&S Partners With Kiwanis, Gifts Putnam County Special Ed Program

Adaptive tricycles are expensive, and the Putnam County School System's ultimate goal is to have an AmTryke at every single school in the county.

The Amtryke Adaptive Tricycle Program is about abilities, not disabilities. The primary goal is to provide people who benefit from the trykes with all the classic advantages of riding a bike: mobility, strength, exercise, coordination, interaction with family and friends, and just pure fun!

Putnam County Schools believe that every child can learn and that it is their responsibility to meet his/her individual needs. By utilizing a team approach with input and support from regular education personnel, administrators, special education personnel, community agencies and parents, all children can achieve success.



From left are Colin Long, J&S; Bob Palmer, Kiwanis; Putnam County Schools Physical Therapist Kayla Sarji; Charlie Moore, Kiwanis; Phil Adams, J&S; and Larry Vickers, Brent Fleshman and Charlie Mackie, Kiwanis.

The Kiwanis Club of Putnam County and J&S Construction teamed up to donate two new AmTrykes to the Putnam County School System, which serves more than 140 students in the special education program and whose mission is to ensure that every student with a disability receives the appropriate public education in the least restrictive environment.

J&S Construction's employee charitable foundation contributed \$1,000 toward the tricycles, and the company matched that contribution, helping purchase two AmTrykes for Putnam County special education students to enjoy.

Kiwanis empowers communities to improve the world by making lasting differences in the lives of children and strives to be a positive influence in communities worldwide — so that one day, all children will wake up in communities that believe in them, nurture them and provide the support they need to thrive. For more information, visit www.kiwanis.org.

Why TEAM-BUILD?

J&S Construction's Design-Build concept is based on a TEAM approach:

Together **E**ngineers **A**rchitects **M**anagers

All design and construction services are wrapped up in one contract, providing a **single source** of responsibility with diversified perspectives from all TEAM members.

Early cost is determined to ensure project is **within budget constraints**.

Design and pricing phases are synchronous, allowing **construction to start 20% sooner** than traditional delivery systems.

Final accountability is placed with J&S Construction as the leader of the TEAM-Build delivery system.

Numbers Matter:

Metric	TEAM-Build vs. Design-Bid-Build
Project Cost	6.1% lower
Construction Speed	12% faster
Delivery Speed	33.5% faster
Cost Growth	5.2% less
Schedule Growth	11.4% less

Source: Construction Industry Institute (CII)/Penn State research comprising 351 projects ranging from 5K to 2.5M square feet. The study includes varied types and sectors.

Finding God In Everyday Life

It is remarkably easy to lose sight of the spiritual realities that surround us. Spirituality, life lived with God and his people, often feels like a deliberate choice we must make. We make the effort to go to church on Sunday or to say a few prayers throughout the week. If we're honest, these moments can often feel like a forced interruption, a momentary deviation from "business as usual," with life quickly returning to "normal" once the prayers or worship service have concluded.

Might it be that God intends for our life of faith to be far more integrated and interwoven than we commonly think?

There are plenty of activities that dominate our daily rhythms that, on the surface, seem to have nothing to do with our life with God. The morning commute, folding laundry, packing lunches, paying bills. Even moments of great joy that take us out of the daily grind – a meal at your favorite restaurant, a vacation to the beach or mountains, or a birthday party with old friends – rarely feel to us like "spiritual" events. They still, by and large, exist in our hearts and minds as separate and "other", having little if anything to do with the Christian faith.

When faith lives on the margins of your life, it is easy to ignore, dismiss, and forget. This reductionistic faith has a severely limited imagination around what qualifies as "spiritual". Yet what if everything in your life is meant in one way or another to awaken you to the life of God that surrounds you and upholds your every breath? What if, as St. Paul says, **"Everything created by God is good, and nothing is to be rejected"** (1 Timothy 4:4)?

An integrated life of prayer requires attentiveness to the work of God in every area of life. Every joy and sorrow, accomplishment and disappointment, elation and devastation, each is to be received and transformed into a prayer, into an abiding conversation with God as the creator and giver of life. "God, how are you present in this moment?" "Lord, what are you teaching me through this moment of challenge or disappointment?" "Father, can you help me to see the life of your kingdom at work in this season of joy and gladness?" These are the types of questions we must learn to ask ourselves, slowly moving faith from the fringes and into every moment of every day, so that, as Paul says in 1 Corinthians, **"God may be all in all"** (1 Corinthians 15:28).

(Retrieved from: <https://www.wisdomhunters.com/finding-god-in-everyday-life/>)

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