



CONSTRUCTIVELY SPEAKING



New Maury County VA Site Opens Doors

Columbia is one of the fastest-growing cities in the South Central and Middle Tennessee regions and has become a manufacturing hub and hot spot for real estate development. With growth, comes more residents.

Over the last few years, the Maury County VA Clinic, previously located on the north side of Columbia, has seen an influx of patients and had absolutely no space to spare. Being responsible for providing Primary Care, Mental Health, Dietician, Licensed Clinical Pharmacist, Social Work and Behavioral Health services to a long list of veterans, the clinic's dwindling capacity was beginning to hinder the high-quality health care our veterans have earned.

A large revitalization project of the former Columbia Mall, a 35-acre retail center that has sat nearly empty for years, is currently underway to transform the site into a regional medical destination for surrounding residents. Maury Regional Medical Center has already occupied a large portion of the facility, and like-minded tenants have flocked to the town's new medical hub, including the Maury County VA Clinic.

J&S Construction® actively worked with the Client to completely alter 17,500 square feet of space, creating a sophisticated facility that now sits readily adjacent to the Columbia Regional Medical Center. The updated space includes high-end finishes and ample space for future growth.

As post-COVID manufacturer issues continue to be a challenge for contractors across the nation, J&S Construction successfully coordinated with both the Client and Building Owner to ensure power and heat stayed connected throughout the facility during unprecedented product lead times. Additionally, the new RTU HVAC system required J&S Construction's design team to carefully incorporate new steel support beams and utility tie-ins and connections.

This improvement project was J&S Construction's seventh commitment for a VA Facility, and our newest VA pairing includes a similar renovation currently underway at a new site in Killeen, Texas.

Factory Fire Ignites Rapid Response

It took all hands on deck for emergency response officials to gain control of a large fire at Monterey's Royal Oak Charcoal Plant on Fourth of July weekend. Crews from Cookeville, Putnam County, Putnam 911, and Crossville tirelessly worked alongside Cumberland County Emergency Management Teams to bring the building's perilous blaze to an end.

Following emergency response duties, J&S officials swiftly met on site with Royal Oak's management personnel to assess damages and construct a plan to effectively get the company's production up and running as quickly and efficiently as possible.

The inferno's high temperatures caused substantial component damage to the facility, requiring a plan to remove and install a roof, insulation and secondary steel. The new components were expeditiously sourced and ordered to help facilitate the quickest possible availability of materials for replacement.

Coordination efforts also included implementation of new exhaust systems to better promote the evacuation of potential heat buildup within the charcoal manufacturing operation.

J&S Construction and Royal Oak have worked closely to develop a detailed plan of action to successfully regain complete facility operations in under eight weeks from the initial disastrous event.



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Hometown War Hero Welcomed to His Custom, Dream Home

Homes For Our Troops (HFOT), a nonprofit organization that builds and donates specially adapted custom homes nationwide for severely injured post-9/11 Veterans, recently celebrated the completion of a tailor-made home for Marine Lance Corporal Kevin Honaker by presenting him the keys to his beautiful new home, located in Sparta, Tennessee.

Honaker is a double amputee who was injured in September 2011 when he stepped on an improvised explosive device (IED) while on deployment, in Afghanistan. After initial care in Germany, Kevin was transported to Walter Reed Hospital in Bethesda, Md. His eight-month rehabilitation included 12 surgeries and fitting of prosthetic legs. The injury ended what turned out to be a short military career for the young Honaker who, inspired by various family members who had served as members of the United States military, had enlisted right after high school.

While it has been nearly 12 years since Honaker's life was traumatically changed, the building process for his forever home has been swift. The community kicked off the build with a ceremony last October and also volunteered with the project's landscaping needs at the end of construction. Just eight months later, the public gathered one last time to celebrate Honaker and to welcome the Sparta hero home to stay.

"It's awesome. From the day I was injured, this community has always shown a ton of support, and they still do," Honaker said to *The Expositor*. "I really appreciate it. I've always loved this community. I was born and raised here, and this is where I want to stay forever."

Honaker's previous home was too small to fit his wheelchair, so he had no choice but to wear his prosthetics all day, causing him much discomfort. Additionally, he could not adequately access the facilities, making showering difficult. J&S Construction proudly partnered with



A proud gathering awaits Lance Cpl. Kevin Honaker's arrival to receive keys to his specially designed home. Photo Courtesy: The Expositor



HFOT to craft a custom home with more than 40 major special modifications such as widened doorways for wheelchair access, a roll-in shower, and kitchen amenities that include pull-down shelving and lowered countertops. The home alleviates mobility and safety issues associated with a traditional home, including having to navigate a wheelchair through narrow hallways and over thresholds or reaching for cabinets that are too high.

The 2,855 square-foot property was kept at one level to ensure Honaker's freedom and independence were preserved as his family moved into their dream home and even includes sidewalks that wrap the house in its entirety. A safe room with insulated concrete forms and emergency generator were also incorporated that will provide the Honaker family a space of refuge if needed.

Honaker says words could never express how thankful he is toward HFOT's donors and sponsors who contributed to the building of his home. "I will be forever grateful to everyone who helped me along the way," he says.

HFOT has built over 330 homes since the organization's inception in 2004, relying on contributions from donors, supporters, and corporate partners for the building of each Veteran's home.

Read more about LCpl Honaker's story and watch his video at www.hfotusa.org/honaker.

To find out more on how to get involved or make a donation visit www.hfotusa.org.

IT Global Giant Confident in J&S' Results



Not many General Contractors are able to state 80 percent of their contracts stem from a repeat clientele base. J&S Construction prides itself on creating long term relationships that last for years, even taking our Team across state lines to ensure our clients' needs are completed to the expectations they want and deserve.

As a property owner, you probably recognize any renovation project can present unique challenges throughout its duration. So, it was of no surprise that J&S Construction was contacted to lend our renovating expertise to another corporate office space for SAIC®, a premier Fortune 500® technology integrator driving our nation's technology transformation.

Construction is underway in the remodeling efforts at one of SAIC's Huntsville, Alabama locations, the ODYSSEY Building, a five-story, 50,000 square-foot site. The structure is one of just a few U.S. locations owned by the SAIC corporation; and the company's new standard of work specifications will better accommodate current team members, while also attracting new individuals to its ever-growing, highly-qualified work force.

Select renovations to the second floor will soon feature sleek new labs and various IT rooms, an updated open-ceiling breakroom, and tons of office space. Complete demolition to the third floor will give way to a completely new floorplan, including contemporary offices and open floor work stations exquisitely accented with glass walls and doors throughout the area.

J&S Construction has diligently worked alongside SAIC to navigate through various, potential project challenges, including an expiring lease that will relocate 90 employees to the newly renovated second floor by the end of August. The building's first, fourth and fifth floors will also remain occupied by SAIC employees the duration of this multiple-phased project. Therefore, J&S crews will need to work steadfast to ensure renovations are complete within the scheduled completion date as well as being able to creatively maintain a successful working atmosphere for SAIC's talented staff.

US Recycling Leader Selects J&S for Design/Build/Leaseback

EKAMOR Resource Corporation is a waste-to-product company that utilizes municipal solid waste to create valuable energy and agricultural products. The corporation's new Cookeville facility is responsible for producing negative carbon fuels that are engineered to customer specifications from waste, and its proprietary non-thermal dewatering process changes solid waste management by creating a zero landfill solution.



J&S Construction collaborated with EKAMOR officials to design its new company headquarters, located 1368 W. Broad Street, that is comprised of 13,200 square feet, with approximately 1,800 square feet being allotted for office and lab space for the site's engineers and scientists.

The processing facility is built around a learning center where people of all ages are welcome to visit and see how the EKAMOR system actually turns waste materials into valuable resources. The learning center will also be used to train new employees, as well as being a show room for potential clients. For more information, visit <https://ekamor.com>.

All in the Family

Birthdays July

- Brittany Key.....7/2
- Ben Reeves.....7/10
- Matt Davenport7/14
- Josh Stites.....7/28

August

- Jacob Meador8/6
- Amy Julian.....8/8
- Brian King8/9
- Danny Hatfield.....8/19

September

- Buford Cole9/6
- Larry Cory.....9/12
- Dwight Ledbetter.....9/12
- Kyle Blair.....9/13
- Gary Young.....9/18
- Adam Weeks9/20

Anniversaries

- Susie and Johnny Foust.....7/2
- June and Ben Salyer.....7/8
- Brittany and Matt Davenport.....7/19
- Tina and Michael Christie.....7/21
- Cindy and Phil Adams.....8/10
- Geri Anne and Mike Scioli.....8/26
- Brittany and Chris Key9/7
- Michelle and Brett Thomas9/15
- Sharon and Terry Garrett9/23
- Lisa and Bill Stephens9/27

With Deepest Sympathy in the Loss of Loved Ones:

- Tom Chrisman - Mother
- Buford Cole - Mother
- Bryan Cole - Grandmother
- Shane Cole - Grandmother
- Mark Ford - Father

WHAT WE ARE ALL ABOUT

J&S Construction
Customer Evaluation Form
May 31, 2022

Project Name: **Johnstone Supply (Expansion) - Cookeville, TN** Project Number: **21-000421**

1. Please rate J&S Construction's performance on this project in the following areas:

	Delighted	Pleased	Satisfied	Disappointed
Quality of Workmanship	4 <input checked="" type="checkbox"/>	3 <input checked="" type="checkbox"/>	2 <input type="checkbox"/>	1 <input type="checkbox"/> N/A
Communications	4 <input checked="" type="checkbox"/>	3 <input checked="" type="checkbox"/>	2 <input type="checkbox"/>	1 <input type="checkbox"/> N/A
Scheduling	4 <input checked="" type="checkbox"/>	3 <input checked="" type="checkbox"/>	2 <input type="checkbox"/>	1 <input type="checkbox"/> N/A
Job Site Appearance	4 <input checked="" type="checkbox"/>	3 <input checked="" type="checkbox"/>	2 <input type="checkbox"/>	1 <input type="checkbox"/> N/A
Project Design	4 <input checked="" type="checkbox"/>	3 <input checked="" type="checkbox"/>	2 <input type="checkbox"/>	1 <input type="checkbox"/> N/A
Attention Given to Your Project	4 <input checked="" type="checkbox"/>	3 <input checked="" type="checkbox"/>	2 <input type="checkbox"/>	1 <input type="checkbox"/> N/A
Responsiveness of Project Managers	4 <input checked="" type="checkbox"/>	3 <input checked="" type="checkbox"/>	2 <input type="checkbox"/>	1 <input type="checkbox"/> N/A
Responsiveness of Field Supervisors	4 <input checked="" type="checkbox"/>	3 <input checked="" type="checkbox"/>	2 <input type="checkbox"/>	1 <input type="checkbox"/> N/A
Responsiveness of Salesman	4 <input checked="" type="checkbox"/>	3 <input checked="" type="checkbox"/>	2 <input type="checkbox"/>	1 <input type="checkbox"/> N/A
Performance of Field Crews	4 <input checked="" type="checkbox"/>	3 <input checked="" type="checkbox"/>	2 <input type="checkbox"/>	1 <input type="checkbox"/> N/A
Project Price	4 <input type="checkbox"/>	3 <input checked="" type="checkbox"/>	2 <input type="checkbox"/>	1 <input type="checkbox"/> N/A

2. Of the following, which best describes your overall impression of J&S Construction's performance on this project: Delighted Pleased Satisfied Disappointed

3. Would you use J&S Construction for future projects?
 Definitely Probably Probably Not Definitely Not

4. Was your project completed within the required time? Yes No

5. What is the most important factor to you when choosing a contractor? Quality

6. When you think about the entire process of this project, is there any particular instance, person or situation that you recall being either positive or negative? Delays on materials which was out of our control.

7. If you have used other construction companies in the past, how does J&S Construction compare?
Excellent

8. Could you offer any ideas on how we could improve our level of service to our clients?

9. May we publicize your response in future company publications? Yes No

If you have any additional comments, please use the back of this page.

Signature (optional): [Signature]

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Why TEAM-BUILD?

J&S Construction's Design-Build concept is based on a TEAM approach:

Together **E**ngineers **A**rchitects **M**anagers

All design and construction services are wrapped up in one contract, providing a **single source** of responsibility with diversified perspectives from all TEAM members.

Early cost is determined to ensure project is **within budget constraints**.

Design and pricing phases are synchronous, allowing **construction to start 20% sooner** than traditional delivery systems.

Final accountability is placed with J&S Construction as the leader of the TEAM-Build delivery system.

Numbers Matter:

Metric	TEAM-Build vs. Design-Bid-Build
Project Cost	6.1% lower
Construction Speed	12% faster
Delivery Speed	33.5% faster
Cost Growth	5.2% less
Schedule Growth	11.4% less

Source: Construction Industry Institute (CII)/Penn State research comprising 351 projects ranging from 5K to 2.5M square feet. The study includes varied types and sectors.

Giving Thanks to God is Important

The Bible is filled with commands to give thanks to God. Thanksgiving and praise always go together. We cannot adequately praise and worship God without also being thankful.

Feeling and expressing appreciation is good for us. Like any wise father, God wants us to learn to be thankful for all the gifts He has given us (James 1:17). It is in our best interest to be reminded that everything we have is a gift from Him. Without gratitude, we become arrogant and self-centered. We begin to believe that we have achieved everything on our own. Thankfulness keeps our hearts in right relationship to the Giver of all good gifts.

Giving thanks also reminds us of how much we do have. Human beings are prone to covetousness. We tend to focus on what we don't have. By giving thanks continually, we are reminded of how much we do have. When we focus on blessings rather than wants, we are happier. When we start thanking God for the things we usually take for granted, our perspective changes. We realize that we could not even exist without the merciful blessings of God.

First Thessalonians 5:18 says, "In everything give thanks; for this is God's will for you in Christ Jesus." We are to be thankful not only for the things we like, but for the circumstances we don't like. When we purpose to thank God for everything that He allows to come into our lives, we keep bitterness at bay. We cannot be both thankful and bitter at the same time. We do not thank Him for evil, but that He is sustaining us through it (James 1:12). We don't thank Him for harm He did not cause, but we thank Him when He gives us the strength to endure it (2 Corinthians 12:9). We thank Him for His promise that "all things will work together for the good, to those who love God and are called according to His purpose" (Romans 8:28).

We can have thankful hearts toward God even when we do not feel thankful for the circumstance. We can grieve and still be thankful. We can hurt and still be thankful. We can be angry at sin and still be thankful toward God. That is what the Bible calls a "sacrifice of praise" (Hebrews 13:15). Giving thanks to God keeps our hearts in a right relationship with Him and saves us from a host of harmful emotions and attitudes that will rob us of the peace God wants us to experience (Philippians 4:6-7).

(Retrieved from: <https://www.gotquestions.org/giving-thanks-to-God.html>)

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