



CONSTRUCTIVELY SPEAKING



Ft. Campbell Complete

J&S Construction has completed construction of the \$13 million SOF Equipment Maintenance and Supply Complex for the U.S. Corps of Engineers. Located in Fort Campbell, Ky., this complex consists of six new buildings as well as additions to two existing structures, which total over 49,000 square feet of construction. This project included:

- Two – Tactical Equipment and Maintenance Facilities (12,433 sf each)
- Two – Deployment Equipment Storage Buildings (7,250 sf each)
- Two – Petroleum, Oils and Lubricants Storage Rooms (540 sf each)
- One – SCUBA Building Addition (6,267 sf)
- One – HALO Chute Ops and HALO Pack Area Addition (3,336 sf)

The two Tactical Equipment and Maintenance Facilities will be LEED Gold Certified with energy-efficient design including Variable Refrigerant Flow mechanical systems, polyurethane spray foam insulation at all perimeter walls, low flow water closets and urinals, motion/occupancy sensors on all light fixtures, and high efficiency light fixtures. Energy savings for the new facility are expected to be in excess of \$19,000 annually, giving the Corps a five-year payback.

These buildings will be the first LEED Gold certified buildings at Ft. Campbell. This LEED Gold Certified project will join three other LEED projects J&S has completed. **J&S Construction is the first contractor in the state of Tennessee to complete LEED Silver, LEED Gold and LEED Platinum buildings,** and J&S Construction owns and operates over 80,000 square feet of LEED Certified buildings.

To view more information on J&S' LEED Certified buildings, go to the Green Construction tab at www.jsconstruction.com.

Fresh start for Madisonville

J&S is proud to announce being awarded the construction contract for the Madisonville First United Methodist Church, located in Madisonville, Tenn.

In December 2007, a fire completely destroyed the FUMC's sanctuary. Working alongside Mark Rodgers, Architect, and the FUMC Building Committee, J&S used the design-build approach to construction to design a new 14,000 square-foot sanctuary and a classroom and administrative addition, both to the existing building.

The sanctuary will seat over 250 people and has also been designed to include a large gathering area where fellowship can be held both before and after services. The administrative and classroom wing will include offices and six classrooms, as well as a space for large youth gatherings.

"We are blessed to have the opportunity to help the Madisonville First United Methodist Church rebuild their sanctuary," said Johnny Stites, Chief Executive Officer of J&S. "It is always exciting to have the opportunity to work alongside a church that has over 170 years of history in the community."

The Church held a groundbreaking ceremony to pray over the site on August 29, and the construction will be completed by Easter of next year.



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'Green' up your Building

Did you know that recycling paper products reduces air pollutants by 75 percent and water pollutants by 67 percent? A ton of recycled paper saves the lives of 17 trees and three cubic yards of landfill space. Recycling aluminum saves 95 percent of the energy used to produce aluminum from raw materials.

Buying recycled products is an essential part of closing the loop on the recycling process. As builders, we can play a major role in helping to reduce waste and promote recycling by encouraging our customers to ask for recycled products.

As you consider your next renovation or new construction product, you may want to consider using recycled materials in as many areas as possible. Using recycled materials does not provide the quick return on investment that is generated by other energy saving features, but it does provide high value by limiting the adverse effects on our environment. By using recycled materials, the demand for raw materials is reduced. This reduction helps to minimize materials discarded from construction and business operations, helping to maximize landfills and protect the environment by removing harmful substances from the waste stream.



Green Flooring

Look for environmentally friendly floor coverings. Carpet, linoleum, vinyl composition tile and even hardwoods can be environmentally friendly options. Carpet tiles are a great choice because they are manufactured from 50 percent post-consumer waste from recycled tires. The cost is approximately two percent more than conventional carpet; however, when you include the ability to lay carpet in exact quantities and eliminate carpet waste from 12-foot-wide rolls, tiles are less expensive than standard rolls for many applications. Using carpet tiles also allows for easy replacement of areas that become soiled or damaged with use, rather than replacing an entire room.


Another environmentally friendly flooring option is ionized polymeric flooring. IPF is made from recycled materials and uses naturally occurring ionized minerals. These negatively charged ions attract positively charged airborne antiagents to the ground. In layman's terms, the flooring reduces the number of germs, odors, volatile organic compounds (VOC) and other contaminants floating in the air. Contaminates are pulled to the ground by negative ions and are removed from the room through normal floor cleaning and maintenance.

Green Countertops

Recycled glass and concrete countertops are another renewable resource available for your next building project. The countertops can be LEED certified, highly durable and VOC-free. Recycled countertops are produced in about 30 different colors and many have a Cradle-to-Cradle Gold Certification from the U.S. Green Building Council. Being environmentally safe, the composite materials are non-toxic and non-harmful, and there is minimal use of water and energy in production. They are manufactured from recycled materials and can be recycled at the end of their productive life. The companies manufacturing these products are using renewable energy and practicing environmental responsibility.

There are hundreds of other recycled materials you might consider in your next building project that will conserve our natural resources, reduce the demand for raw materials and protect the health and environment from harmful substances. We encourage you to look for renewable products and help keep our air and water free of pollutants.

WHAT WE ARE ALL ABOUT



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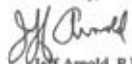
To Whom It May Concern:

J & S Construction of Cookeville, Tennessee was invited to submit a Design-Build proposal for the Monroe County Family Wellness Center to be constructed on a site owned by Monroe County in Tompkinsville, Kentucky. J & S Construction competed with two other companies and was chosen and commissioned to design and construct our new community facility.

J & S has been consistent throughout the project in keeping our project on time and on budget. There have been no Change Orders initiated by the contractor on this project. The quality of the work has been excellent and the project is on schedule and will be completed by the June 30, 2010 deadline.

The staff at J & S Construction has demonstrated their ability to truly work as a team with the Monroe County Fiscal Court & their civil engineer to design and construct a Community Center building which will serve Monroe County for years to come.

I would highly recommend J & S Construction for your construction project. Please contact me if you have any questions.

Sincerely,

 Jeff Arnold, P.E.

New Talent

J&S Construction has announced the addition of three individuals to the growing team of more than 100 employees.

The Emergency Response Team, responsible for handling fire, water, wind and other catastrophic emergencies and restorations, has added two Project Managers to its experienced crew.

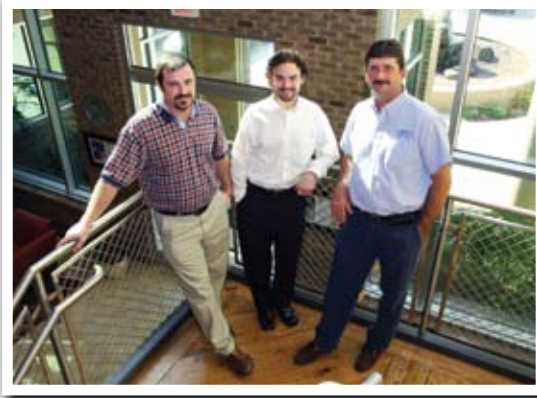
Born in Crossville, Tenn., Mike Hinds has been in the construction industry just under 20 years. He has held various positions including project foreman, project manager, and construction manager. He owned and managed his own company for over five years. Prior to beginning his career in construction, Mike served in the U.S. Army during Operation Desert Storm where he earned numerous medals and certificates of achievement including the Bronze Star. Mike and his wife Stacy have three children: Miranda (24), Jacob (10) and Emma (7).

Dwight Ledbetter, a native of Cookeville, has over 10 years of retail sales and service in business, manufacturing and industrial services. His background also includes seven years experience in scheduling and operations setup. He spent the past year managing accounts for a large bio diesel firm. Dwight is the proud father of a three-year-old son, Casen.

Both Mike and Dwight's responsibilities include estimating, purchasing, project management, customer relations, as well as sales.

Eastin Travis, an Assistant Project Manager and native of Hendersonville, Tenn., is a recent graduate from Brigham Young University with a degree in Construction Management. Prior to joining J&S, Eastin worked for a company which primarily focused on healthcare construction and has spent the last year as an assistant superintendent.

He has been married to his wife Devon for two years, and they have a four-month-old son named Wesley.



*From left to right:
Dwight Ledbetter, Eastin Travis and Mike Hinds*

All in the Family

Birthdays October

Tony D. Stafford.....	10/2
Lori Wakefield.....	10/2
Robbie Duplichan.....	10/4
Tony Morris.....	10/9
Josh Prater.....	10/10
Harry Colorito.....	10/12
Kevin McCaleb.....	10/15
Jacob L. Ramsaur.....	10/15
Anita Jones.....	10/23
Jimmy Necessary.....	10/25
Charles Dawes.....	10/28
Larry Lichtefeld.....	10/28
Dave Robinson.....	10/31

November

Vernon Moore.....	11/1
Brett Thomas.....	11/6
Ron Reading.....	11/12
Eric Martin.....	11/13
Jerry Townsend.....	11/28
Corey Jackson.....	11/29

December

Mike Sakkinen.....	12/1
Johnny Stites.....	12/6
Bill Curtsinger, Sr.....	12/19
Gordon Rackley.....	12/23
Jason Black.....	12/25
Jerry Brown.....	12/29
Coral Wallen.....	12/30

Anniversaries

Jessica and Gordon Rackley.....	10/2
Sharon and Terry Garrett.....	10/8
Carolyn and Charles Dawes.....	10/23
Patty and Tony D. Stafford.....	10/24
Anita and Greg Jones.....	10/25
Merry and Jim Vaughn.....	10/29
Roxanna and Eric Martin.....	11/16
Tammy and Skip McDonald.....	11/18
Katrina and Joe Muscarnero.....	11/24
Terri and Robert Blyly.....	11/28
Sherri and Brad Leimer.....	11/28
Danielle and Neal Yutzy.....	11/28
Elizabeth and Jason Black.....	12/1
Lisa and Danny Hatfield.....	12/17
Renee and Bill Curtsinger, Sr.....	12/22
Nita and Jimmy Smith.....	12/31

Congratulations for Birth:

Jamie and Craig Sims - Son

Born Sept. 22, Baby boy named Taegen McCoy

With Deepest Sympathy in the Loss of Loved Ones:

Brittany Franklin - Aunt

Harriett Franklin - Sister

Randy Wampler - Sister

Scott Tidwell - Sister-in-law



USGBC Recognizes J&S

The General Service Administration's (GSA) 2010 Census Bureau Field Office was recently awarded the state's first LEED Platinum Certification (v3) by the United States Green Building Council (USGBC).

J&S Construction is the first general contractor in the state to be awarded **Platinum (v3), Gold and Silver certifications.** With the GSA project being named as first in the state, this certification also stands to be just the sixth Platinum (v3) Certification in the nation.

GSA required 6,600 square feet of office space to process data for the United States Census 2010. Completed in mid-2009, the project was designed from the outset to be environmentally friendly.

J&S' Value of a PROMISE

- **Guaranteed Price**
- **No Change Orders**
- **Two-Year Warranty**
- **One Page Contract**
- **Guaranteed Move-in Date**

Going the extra mile... AND THEN SOME.



Going the extra mile is simply doing more than you are asked or expected to do. You may have tried this approach before and became discouraged or found it a waste of your time. In order to realize the benefits that come with going the extra mile in business or your personal life, you must not expect anything in return. You must be satisfied enough in knowing that you have helped another in need. If not, this value will be in conflict with your other values and it will not last.

In his Sermon on the Mount, Jesus said his followers must be willing to go the extra mile: "Whoever forces you to go one mile, go with him two" (*Matthew 5:41*). Jesus' point was (and is) that we must relinquish our "rights" in order to advance God's kingdom through sacrificial service. And if someone takes unfair advantage of you, use the occasion to practice the servant life.

Why go the extra mile? Why go out of your way for others? Besides the great feeling you get in knowing you have helped another in need, there are many reasons that will ultimately benefit you. The use of the word "ultimately" means these benefits are not obvious and not immediately recognizable, however, they do have a very positive effect on your success in life.

- Going the extra mile will help you stand out from the crowd and be recognized
- Going the extra mile will bring out positive emotions in others allowing them to both remember you and feel good about you
- Going the extra mile will help you to move ahead of your competition and succeed where others fail

When we do more than what is required and better than what is expected, it shows that we operate according to a different value system that comes from a higher authority -- an authority whose love and mercy compels us to show the same toward others through sacrificial, Christ-honoring service that goes the extra mile. In this way we help to relay our King's message which, interestingly enough, is in keeping with the original idea behind the service.



Now Building

Dickson (TN) Residence, Fire Damage	1
First Congregational Church.....	1
Flowers Bakery	69
Madisonville First United Methodist.....	1
Mott Residence, Water Damage	1
Putnam First Mercantile.....	2
S.A.T.A. Hangar, LLC.....	1
Stir It Up Trust.....	1
Tatman Residence, Fire Damage.....	1
Wickoff Color Corporation	1
West Jackson Marketplace.....	7

Numbers listed reflect number of projects completed

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